



REPORT OF THE ALTON SENIOR CENTER

The Alton Senior Center offers a wide variety of programming and services for older adults and their families. These include, but are not limited to, nutrition services, both Community Dining and Meals-on-Wheels, transportation, educational seminars, wellness programs, intergenerational activities as well as serving as the satellite for the Belknap County Service Link Resource Center.

Amy Braun, Alton Senior Center Director began in the summer of 2007 and has brought with her new energy and opportunities for this multi-purpose center. Programming and community partnerships have already expanded under her leadership. Initiatives include the Intergenerational Partnership Program with the Prospect Mountain High School, Qigong classes, support groups, workshops on an array of topics, musical activities, and outdoor exercise.

During 2007, ten dedicated volunteers donated over 2,000 hours of time and talent to the Alton Senior Center, 4,444 Community Dining meals were served to over 43 Alton residents at the Center. In addition to the nutritious meals served at the Center, 3,566 Meals-On-Wheels were delivered to 30 area residents. In January 2008 a "Shopper Shuttle" will be available to give Alton residents door-to-door services to Hannaford Shopping Center in Alton and the Super Wall-Mart in Rochester on an eighteen passenger, wheelchair lift equipped bus that is part of the Rural Transportation Program fleet under the auspices of the Community Action Program. This service replaced the Rural Transportation vehicle that came from Laconia on a weekly basis, providing 565 rides last year.

Community Action Program Belknap-Merrimack Counties, Inc., the organization that sponsors the Senior Center Program appreciates the continued support of the Selectmen, Heidke Trust Fund, the Alton Town Administrator and staff, Alton Parks and Recreation and looks forward to another year of growth and renewed activity at the Alton Senior Center.

Respectfully submitted,

Pam Jolivet, Director
Elder and Nutrition Services

